

RULES, GUIDELINES AND EXPECTATIONS

- Residents must be 18 years of age or older.
- Residents will be admitted at the discretion of an interview process.
- Residents will transition through our 5 Phase Program on an individual basis as evaluated by the Co-Executive Directors. On average, the 5 Phase Program will require a 6–12-month commitment from the Resident.
- Our 5 Phase Program follows the spiritual recovery model through the 12-Steps.
- 12-Step meetings and working with a sponsor are required.
- Residents are required to pay program fees, which are currently \$189 per week.
- SH does not admit anyone listed on a national abuse or violent offenders list.
- Residents must submit to random drug and alcohol testing.
- Products containing alcohol or mood-altering ingredients will not be permitted in the home. Residents are not permitted in an establishment that serves alcohol.
- Sexually explicit material is not permitted in the home.
- All prescription and over-the-counter medications will be kept in a locked location.
- Residents must comply with all written and verbal instructions from the Co-Executive Directors and Staff.
- Residents must comply with the guidelines of other service providers (probation, parole, court services, counselors, etc.)
- Theft, dishonesty, disrespectful and manipulative behavior will not be tolerated.
- Verbal or physical abuse toward the Staff, Residents or Volunteers will not be tolerated.
- Employment may begin in Phase 3.
- Residents are allowed to have a personal vehicle if she has a valid driver's license, proof of insurance and are on the appropriate Phase.
- Phone calls are permitted after the first 2 weeks. Residents may have a cell phone once she is employed.
- Residents will be required to complete weekly chores.
- Engaging in illegal activity will result in immediate removal from the house and program. The proper authorities will be informed of any illegal activity.